

CEC SEPTEMBER MENU

2024

Chef Mikey Presents

My Kid's Lunch

A division of Michael's of Denver Catering
303-778-0916



Monday	Tuesday	Wednesday	Thursday	Friday
Labor Day ²	<i>Breakfast Bar A</i> 100% Juice Fresh Green Apple Chicken Burrito Bowl Rice, Pinto Beans Cheddar Cheese, Salsa Strawberry Mango Sidekick	<i>Mini Bagels</i> w/Strawberry Cream Cheese 100% Juice Applesauce Cup Cheese Calzone Marinara Dipping Sauce Steamed Peas Sliced Peaches	<i>Cinnamon Roll</i> Dried Fruit Fresh Banana Chicken Nuggets & Waffles Syrup Carrot Bites, Ranch Dip Orange Quarters	<i>Apple Cinnamon Bread</i> 100% Juice Fruit Cup Grilled Cheese Tomato Soup Seasonal Fruit
<i>Breakfast Bar B</i> 100% Juice Fresh Apple Meatball Sub Marinara Sauce Hoagie Roll Carrot Bites, Ranch Dip Sliced Pears	<i>Maple Waffle</i> Dried Apples Fresh Orange Breakfast Sandwich Buttermilk Biscuit Egg Patty Cheddar Cheese Hash Browns Fresh Green Apple	<i>Vanilla Yogurt</i> Honey Granola 100% Juice Sliced Peaches Cheese Lasagna Roll Up Romaine Salad Italian Dressing Cinnamon Apples	<i>Apple Cinnamon Oatmeal Round</i> Dried Fruit Fresh Banana Beef Soft Tacos Cheddar Cheese Tortillas, Salsa Refried Beans Orange Quarters	<i>Pumpkin Bread</i> String Cheese 100% Juice Applesauce Cup Turkey & Cheese Croissant Deli Turkey Sliced Cheddar Cucumber Salad Seasonal Fruit
<i>Strawberry Cinnaboli</i> 100% Juice Fresh Apple Chicken Tenders BBQ Sauce Homemade Cornbread Carrot Bites, Ranch Dip Kiwi-Strawberry Sidekick	<i>Cocoa Puffs Bowl</i> Dried Apples Fresh Orange Grilled Hamburger Wheat Bun, Ketchup Baked Beans Sliced Peaches	<i>Lemon Poppyseed Bread</i> String Cheese 100% Juice Fruit Cup Pancakes, Syrup Sausage Patty Hash Browns Orange Quarters	<i>Breakfast Bar A</i> Dried Fruit Fresh Banana Macaroni & Cheese BBQ Chicken Broccoli, Ranch Dip Fresh Green Apple	No School

<p style="text-align: right;">23</p> <p><i>Breakfast Bar A</i> 100% Juice Fresh Green Apple</p> <p>Chicken Potstickers Soy Sauce Carrot Bites Ranch Dip Sliced Peaches</p>	<p style="text-align: right;">24</p> <p><i>Cheerios Bowl</i> <i>String Cheese</i> <i>Dried Apples</i> <i>Fresh Orange</i></p> <p>Seasoned Beef Chili Shredded Cheddar Homemade Cornbread Baked French Fries Pineapple</p>	<p style="text-align: right;">25</p> <p><i>Mini Bagels</i> <i>w/Strawberry Cream</i> <i>Cheese</i> <i>100% Juice</i> <i>Applesauce Cup</i></p> <p>Red Chicken Tamales Cheddar Cheese, Salsa Refried Beans Fresh Banana</p>	<p style="text-align: right;">26</p> <p><i>Cinnamon Roll</i> <i>Dried Fruit</i> <i>Fresh Banana</i></p> <p>Chicken Parm Sandwich Marinara, Mozzarella Wheat Bun Romaine Salad Ranch Dressing Fresh Apple</p>	<p style="text-align: right;">27</p> <p><i>Apple Cinnamon Bread</i> <i>100% Juice</i> <i>Fruit Cup</i></p> <p>Sun Butter & Jelly Sandwich Celery Sticks Ranch Dip Seasonal Fruit</p>
<p style="text-align: right;">30</p> <p><i>Breakfast Bar B</i> 100% Juice Fresh Apple</p> <p>Breakfast Burrito Scrambled Eggs Cheddar Cheese, Salsa Hash Browns Blue Raspberry Sidekick</p>				

****This institution is an equal opportunity provider.***

*****All meals are served with a choice of 1% or skim white milk. Chocolate milk is offered on Fridays.***

******This menu is subject to change based on item availability***

*******Shelf stable meal kits available upon request.***

Our menu items may contain milk, eggs, wheat, soy, sesame, fish or shellfish.